

Western

International Student Guide 2012



The University of Western Ontario



Welcome to Western

Congratulations on your offer to The University of Western Ontario! We are delighted that you have chosen to become part of our community and we have developed this guide with you in mind. We hope the information will help you as you begin your exciting journey to Western.

CHAT ONLINE

We will be holding live sessions on the following dates (all times are Eastern Standard Time):

- Friday, February 3, 2012, 8 a.m. - 10 a.m.
- Friday, February 17, 2012, 10 a.m. - 12 p.m.
- Monday, February 27, 2012, 6 p.m. - 8 p.m.

Visit welcome.uwo.ca for more information and for future CHAT dates.

Or contact us anytime at international@uwo.ca

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STAYING CONNECTED

Our campus newspaper, Western News, and the student paper, The Gazette, provide regular information about what's happening at Western. The University also has a YouTube channel, twitter feed and facebook page. Visit the links below to stay connected to Western.

Daily News: www.uwo.ca

Student Paper:
www.gazette.uwo.ca

 **Twitter:** @westernu

 **Facebook:** www.facebook.com/theuniversityofwesternontario

 **YouTube:** www.youtube.com/user/WesternUniversity

Many clubs and groups maintain their own social media channels. Visit <http://communications.uwo.ca/web2-0> for details.

WESTERN FACTS

- One of Canada's leading research-intensive universities, founded in 1878.
- With a student population of over 35,000, Western is the fourth-largest university in the province of Ontario.
- Western has been ranked #1 in the category of "Most Satisfied Students" for ten years in a row, and attained maximum scores in quality of education in the annual Canadian University Report, published by The Globe and Mail (Canada's national newspaper). The report surveys more than 35,000 current undergraduate students.
- Western was rated first – or tied for first – in 14 out of 19 categories, including quality of teaching and learning, student-faculty interaction, buildings and facilities, and campus atmosphere.
- Fourth largest library collection in Canada, housing more than eight million items.
- More 3M national award-winning faculty than any other Ontario university – second in Canada.
- High quality students with an average entering grade of 87.1% – the second highest in Ontario.
- First-to-second year student retention rate of 92%, and a graduation rate of 85% – both higher than the provincial average.
- Employment rates for Western graduates six months after graduation are 93% – 100% depending on the faculty/program.
- No other school can offer Western's unique combination of exceptional academic programming, supportive residence life, student services, and wide-ranging co-curricular clubs and activities.
- Western graduates are part of a global network of 250,000 alumni who live and work in more than 100 countries around the world.

Western Around The Globe



SOUTHWESTERN ONTARIO



Internationalization

With a mission to create global leaders, The University of Western Ontario's student body represents a total of 117 countries around the world. Western scholars create a presence in every corner of the globe, with established research and education collaborative relationships on every continent. Our more than 250,000 alumni are also active internationally, living and working around the globe. Through your training at Western you will be well prepared to live, work and actively contribute to international economies, cultures and societies.



London, Ontario, Canada

POPULATION

With a metropolitan area population of more than 460,000 London is one of Canada's largest cities. A thriving urban centre with a small town feel, we are a diverse population with people from all countries, cultures and faiths. In April 2008, the City of London won the National Multiculturalism Award, a special recognition for promoting and celebrating its cultural diversity. The City continues to move forward implementing its community plan entitled *Welcoming Cultural Diversity in London*.

Located between Toronto and Detroit, London offers the best of living: friendly communities, good job opportunities, world-class schools, excellent public health care and services to help you get settled quickly. London is affectionately known as the Forest City for its treed areas and numerous public parks found throughout the city.

SEASONS

London and Middlesex County enjoy four distinct and beautiful seasons: Winter, Spring, Summer and Fall. On average, the weather is comfortable and offers excellent opportunities to enjoy endless outdoor pursuits throughout the year. There is an extensive trail system that runs along the Thames River, right onto Western's campus, for walking, running, biking, or rollerblading. London is also close to some of the best freshwater beaches in the world located on nearby Lake Huron and Lake Erie. Skiing and snowboarding are easy to find as Boler Mountain's ski and tubing hill is right here in the city. Skating is always popular at local outdoor ice rinks.

TRAVEL

Located in the centre of Southwestern Ontario, travelling from London to Toronto, Windsor and many destinations in the United States is easy. London is accessible by air, train and bus. The London International Airport also facilitates international travel.

ARRIVING IN LONDON AND AT WESTERN

London is approximately a two-hour drive southwest of the City of Toronto and northeast of the City of Detroit.

- London on the globe: www.london.ca/d.aspx?s=/About_London/globe.htm
- Major cities within a one-day drive: www.london.ca/d.aspx?s=/About_London/oneday.htm
- Map of Southwestern Ontario: www.geography.uwo.ca/contact/maps/swontandlondonmap.pdf
- Interactive Map of City of London: www.london.ca/d.aspx?s=/Maps/default.htm
- Campus Map of The University of Western Ontario: www.geography.uwo.ca/campusmaps

ACTIVITIES

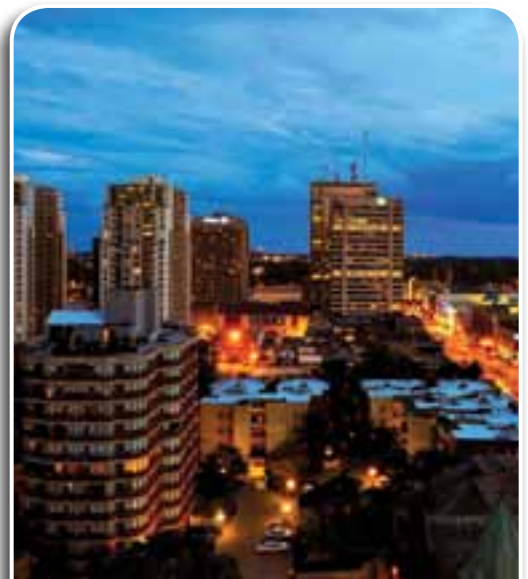
Cultural celebrations, shopping, movies, theatre, dancing; London always has something going on. Year-round, London has numerous festivals and cultural and community events, including Sunfest, Rock the Park, London Film Festival and World Beat and Jazz weekends. London is considered a sporting hub and has hosted the Scott Tournament of Hearts, Summer Paralympics, the World Lacrosse Championships and will host the World Figure Skating Championships in 2013. London is also home of the Ontario Hockey League's London Knights.

For more information:

www.london.ca
www.londontourism.ca

ABOUT CANADA

It's difficult to generalize about any culture and this is particularly true in a multicultural country like Canada which was created from a diversity of immigrant and indigenous cultures. In fact, approximately 18.4% of current Canadian citizens were born outside of Canada. It can be said, however, that there is a common culture that Canadians share, and while you will meet some people who will behave a little differently from what is "typically Canadian", you will find some of the cultural norms listed in our International Student Handbook that you can pick up at the International and Exchange Student Centre. Canada encourages people to maintain their cultural identities, while also becoming a member of Canadian society.



Obtaining Your Study Permit - From Outside Canada

WHO NEEDS A STUDY PERMIT?

Most international students need to apply for a Study Permit to study in Canada. A valid Study Permit allows you to:

- Work part-time on the campus at which you are registered as a full-time student.
- Apply to renew your Study Permit from within Canada, if you decide to continue studying here.

WHEN SHOULD I APPLY FOR MY STUDY PERMIT?

Apply early! Apply as soon as you receive your acceptance letter from Western. It can take weeks or months to process an application to study in Canada. Contact the Canadian Visa Office (embassy, high commission or consulate) in your country to find out about application procedures, processing times and fees.

HOW DO I APPLY FOR MY INITIAL STUDY PERMIT?

To apply for your initial Study Permit, visit the Citizenship and Immigration Canada (CIC) website for detailed instructions.

www.cic.gc.ca/english/study/study.asp

Note: Each Canadian Visa Office has their own set of instructions and requires different documents. Make sure to check the website of the office to which you will be applying.

If your Study Permit application is approved:

- The Canadian Visa Office will issue you a Letter of Introduction confirming the approval. This letter is not your Study Permit. Make sure you bring this letter with you to show immigration officials when you enter Canada. You will then be issued a Study Permit at the Canadian Port of Entry.

TEMPORARY RESIDENT VISA

A Temporary Resident Visa (TRV) gives you the permission to travel to and enter Canada. Citizens of specific countries require a TRV to enter Canada. It is recommended that you request a multiple entry TRV which allows you to leave (for visits home, etc.) and re-enter Canada multiple times.

The TRV will have an expiry date by which you must enter Canada. Temporary Resident Visas cannot be issued in Canada. You must apply for one at a Canadian Visa Office outside of Canada. When you apply for your initial Study Permit, your TRV (should you require one) will be processed at the same time without any additional application cost.

www.cic.gc.ca/english/visit/visas.asp

STUDENTS FROM THE UNITED STATES

If you are a citizen of the United States, Greenland or St. Pierre and Miquelon,

you can apply for your Study Permit at a Canadian Port of Entry (airport or land border crossing). Complete the Study Permit application form in advance and prepare the required documents to present to the Canadian immigration officials when you arrive at the Canadian Port of Entry.

If you are not a U.S. Citizen, do not leave for Canada until you have been issued the Letter of Introduction and Temporary Resident Visa (if applicable).



Obtaining Your Study Permit - From Inside Canada

International students changing institutions within Canada may be required to apply for a new Study Permit.

STUDENTS WHO HAVE JUST COMPLETED HIGH SCHOOL IN CANADA

If you studied in a secondary school in Canada and will be attending Western, make sure you have a Study Permit that allows you to study at a post-secondary institution. You cannot begin your studies at Western until you obtain a valid Study Permit for post-secondary studies.

For information on how to apply to change the terms and conditions of your Study Permit, please visit our website.

www.sdc.uwo.ca/int/visa/index.html?sp#extend

STUDENTS TRANSFERRING FROM ANOTHER CANADIAN UNIVERSITY OR COLLEGE

Students can transfer between programs of study and institutions (for example, college to university) without applying for a change to the conditions of their Study Permit. They can also transfer between public and private institutions, as well as language training centres. You do not need to submit an application to change the conditions of your Study Permit to transfer between institutions.

QUESTIONS ABOUT IMMIGRATION REGULATIONS

If you have questions about any aspect of Canadian Immigration regulations, the International and Exchange Student Centre (IESC) staff is available to assist you. Whether you would like us to clarify a regulation, review your application and documents for your visa or permit, or assist you with a more complex or problematic situation, we are available for consultation.



NISHA DANSINGANI

Jamaica

**FOURTH YEAR, HBA
RICHARD IVEY SCHOOL OF BUSINESS**

What extracurricular activities are you involved in?

Ivey Consulting Club, Ivey Finance Club, the Rotaract Club, and the Caribbean Students' Organization

Most memorable time at Western:

Ice skating outside in very cold weather to raise money for charity.

Why Western?

It's very multicultural here. There are lots of people from different countries. It's like a little community where you never feel left out and people are always willing to help you. London is small enough that you feel comfortable here and you can focus on your studies. And of course Ivey - the business program is exceptional.

Favorite thing about fall in Canada:

The leaves - the colours are so pretty - and the hot chocolate!

Preparing to Come to Canada and Upon Arrival

IMPORTANT DOCUMENTS TO BRING WITH YOU

As you prepare to come to Canada, make sure that all your important documents, such as your Study Permit, are in order. Make photocopies of important original documents and leave one copy with your family or friends at home.

Be sure to carry all documents and all other valuable papers, cash and traveller's cheques with you when travelling to Canada. Do not pack them in your checked luggage, since you will collect your baggage after clearing immigration if you are travelling by air.

INTERNATIONAL AND EXCHANGE STUDENT CENTRE (IESC)

Reception and Orientation Services

The IESC provides a Reception Service especially for newly arriving international students. We are here to answer any questions you may have and help you get organized and settled here at Western and in London.

The IESC, together with the Student Development Centre's (SDC's) Writing Support Centre and Learning Skills Services, provide a full-day orientation for Western's newly arrived international students on issues related to achieving academic success, cultural adjustment and immigration regulations.

The IESC also offers year-round activities including social, cultural and informative events. Our September Activities Calendar is full of programming specifically designed for newly arrived undergraduate international students. It is a great way to meet new friends (Canadian and international students), get to know campus life and become familiar with aspects of Canadian culture.

www.iesc.uwo.ca

Welcome Reception

Come and join us for our official Welcome Reception for international students. This is a great opportunity to meet other international and Canadian students. This is also a chance for you to meet representatives from the various areas of the University. See a special performance by First Nations Singers and Dancers with an exhibition of aboriginal style dances.

International Peer Connection Program (IPC)

The International Peer Connection (IPC) is a program which connects new international students with current Western students called Peer Guides. The program offers information, friendly support, involvement in Western activities and a link to Western services. It will provide you with meaningful contact with Canadian and international students and will assist you in feeling comfortable in your new environment and in making the most out of your experience at Western.

English Conversation Program

Conversation circles and small group workshops are offered throughout the year to help improve spoken English skills, to enhance confidence in conversational English, to increase knowledge of Canadian culture and to provide the opportunity to meet people from different areas of the University community.

International Student Network

Stay updated with weekly emails about our events, activities and programs offered throughout the year for international students as well as interesting London community events.

Porch Light Program

The Porch Light Program connects female international students with members of the London community.

Each month throughout the academic year, a small group of women will return to a host home in the community to have conversation and share cultures, practice English (if needed), and enjoy doing activities together like making homemade food. The program provides new students with a "home" experience while they are far away from home.

Global Café

Global Café is a weekly informal coffee gathering where international and Canadian students can connect, share, and learn from each other in a relaxed and friendly setting. This is a great way for you to meet Canadians and others from all over the world and take a break from school work!

Canada Eh?! Transitioning to Canada Series

There is a lot to learn in a different culture, so this series of information sessions are designed to support you in your transition to Canada. Canada Eh?! sessions offer you a chance to learn more about Canadian culture and to meet and build connections with other international and Canadian students. Examples of sessions include: Learning to Shop in Canada, Healthy Eating While in Canada, Friendships and Relationships, and Learning to Love Winter.

Visit our pre-arrival guide for more details: www.sdc.uwo.ca/int/services/index.html?prearrival



AUGUST 18 - 31, 2012

Learning to Ensure Academic Preparedness: LEAP

Moving to a new country is a time of great transition and you will likely experience many changes and new expectations. LEAP is a program that will help you in your transition to Canada and to the new academic environment at Western. Created especially for international students like you, LEAP is a 14-day program that includes classes, as well as social and cultural activities that will help you enhance your English language skills, make you more aware of the Canadian academic world and increase your social network.

A combination of academic, cultural and social activities, LEAP is designed to help you become comfortable with your new learning and living environment before the official start of classes.

LEAP CLASSROOM SESSIONS (40 HOURS OF INSTRUCTION)

During LEAP classroom sessions, you will learn, for example, that students in Canada may at times be asked to or need to be very active in their classes,

work with groups of students, talk with their professors and give presentations. Through active learning activities, LEAP will help you prepare to, among other things:

- Interact with your professors and classmates;
- Deliver presentations in English;
- Improve your pronunciation;
- Meet and make friends with other international and Canadian students; and
- Learn more easily in another culture.

SOCIAL AND CULTURAL ACTIVITIES

You will participate in a series of social and cultural orientation activities to help you feel comfortable in Canada. These activities will introduce you to new friends and upper-year students, the campus, and the City of London before the academic year even begins. Some of the social activities will include outings to local attractions, including theatres and parks, shopping at ethno-cultural

food markets, welcome receptions and evenings out with student leaders.

Completing LEAP will help you succeed as an international student, academically and personally.

www.uwo.ca/cstudies/leap

TRANSITIONS: STUDENT REALITY CHECK

The Transitions: Student Reality Check online book will help you adjust to your new life and suggest strategies to help you succeed in your university career. It is a resource to help you overcome common difficulties as you transition to university. It will also provide you with tips on managing your responsibilities and becoming a more confident, independent individual.

www.sdc.uwo.ca/transitions/big_book/TransitionsWeb.pdf



The Rhythm of the Academic Year

SEPTEMBER

- Move into residence or your off-campus accommodation
- Visit the International and Exchange Student Centre
- Pick up your International Student Orientation Package
- Orientation week activities (attend International Student Orientation Day)
- Pick up bus pass and Daily Organizer
- Pick up UHIP (health insurance) card
- Get to know your roommate(s) and residence
- Find class locations and determine travel time from one class to another
- Registration for transition and support programs
- Plan study times for the year
- Last day to add/drop a first-term half course
- Join a club at Clubs Week
- First assignments might be due

OCTOBER

- Homecoming events
- Mid-term exams begin

NOVEMBER

- Mid-term exams continue
- Mid-term grades are distributed
- Essays and major term assignments might be due
- Start to prepare for first-term final exams
- Last day to drop a full course or a full-year half course without academic penalty

DECEMBER

- First-term classes end
- Final exams begin for half courses
- Mid-term exams continue for full courses
- Students go home or have travel plans for the holidays

JANUARY

- Return from holidays and catch up with friends
- Last day to add a second-term half course
- First-semester grades are released

FEBRUARY

- Essays and major second-term assignments might be due
- Last day to drop a second-term half course
- Meet with Academic Counsellors to discuss future degree plans and options
- Complete Intent to Register process for next year
- Reading Week/Alternative Spring Break
- Plan for accommodations for next year

MARCH

- Mid-term exams begin
- Essays and major term assignments may be due
- Attend a "Getting Ready for Second Year!" information session
- Look for summer employment

- Summer registration begins for those who wish to take summer courses
- Income Tax Clinic for International Students

APRIL

- Classes end
- Final exam period
- Go home for the summer, take a summer course or have a summer job

Congratulations! First year is complete.

Detailed information about Undergraduate Sessional Dates can be found in the Undergraduate Calendar. Please visit the website for more details.

www.westerncalendar.uwo.ca



Student Life Beyond Academics

In choosing Western, you will become part of a vibrant learning community at one of Canada's top research-intensive universities. Along with strong academic programs, the University is alive with opportunities for involvement, personal and leadership development and numerous extracurricular activities.

Western's Housing Services offers some fantastic opportunities for personal growth and leadership. If you wish to live and work in residence you can apply for staff positions (Dons and Residence Advisors) beyond first year.

In conjunction with the Student Success Centre, Housing offers the Alternative Spring Break program: a service-learning opportunity that takes place over reading week each year and includes working with Habitat for Humanity or working in orphanages for example. Since 2003, hundreds of Western students have participated in the program in locations such as New Orleans, Dominican Republic, Mexico and even here in London.

www.asb.uwo.ca

The Student Success Centre runs the Leadership Education and Peer Mentoring Programs, which offer leadership modules and a mentorship program for first-year students. It also supports the Off-Campus Dons program which meets the needs of first-year students living off campus. Both programs run events throughout the year that encourage new students to get involved in both an academic and social setting.

If you would like to gain valuable leadership experience you'll have countless options including: individual faculty and residence councils and even campus-wide student government.

The University Students' Council (USC) is one of the largest in the country, running programs such as Orientation Week, Charity Ball, Festival of the Arts and the popular Western Idol.

If you are interested in competitive athletics or if you are just a plain sports fan, there are also numerous opportunities to participate in intramural sports or sports clubs. You can try out for a varsity sports team or

watch events on television. Western Mustangs are national competitors in a variety of sports from badminton to water polo.

Western offers outstanding facilities. With the following services, you can find almost everything you need right here on campus.

- Bank machines (ABMs)
- Bookstore
- Grocery store
- Campus Computer Store
- Photography centre
- Chiropractic clinic
- Hair salon
- Travel agent
- Pharmacy
- Hospital
- Student Health Services Clinic
- Postal outlet
- Printing services
- Day care
- Movie theatre
- Radio station
- New recreation and fitness facility
- Art gallery
- Theatre
- Music concerts

CLUBS AT WESTERN

Over 19,500 students belong to nearly 200 clubs at Western. Clubs are run through the University Students' Council (USC) and joining one is the easiest way for you to get involved at the University. Each USC club has a specific niche in our campus community covering topics from academic to philanthropic, political and special interest areas. There are over 50 cultural clubs at Western. Whatever they may be, there will most likely be a club that satisfies your interests. If there isn't a club that suits you, you can apply to the University Students' Council to create and run one.

www.usc.uwo.ca/westernclubs/clubslist



Housing Information

UNDERGRADUATE ON-CAMPUS RESIDENCES

Division of Housing and Ancillary Services

Elgin Hall, Room 102
Telephone: +1-519-661-3547
Email: housing@uwo.ca
Website: www.residenceatwestern.ca

RESIDENCE GUARANTEE

If you are a single high school student without children and receive an offer of full-time, first-year admission to The University of Western Ontario's main campus by mid-May, we'll hold a place for you in residence provided that you respond to our residence offer by your assigned due date.

Western offers traditional (dormitory)-style, suite (apartment)-style, and hybrid-style residences.

In a traditional-style residence, students live in double rooms and share common washrooms with members of their floor community. The roommate pairing process considers lifestyle and personal preferences. Although there are some single rooms available in the traditional-style residences, most first-year students are placed in double rooms.

In a suite-style residence, which is slightly more expensive, students have their own bedroom and share cooking facilities, a bathroom and a common area with two or three other students. Students look after more of their own domestic responsibilities (e.g., cooking, groceries) and have the option of cooking some of their own meals.

Students will be offered occupancy from September 2 or 3 to 24 hours following your last examination in December 2012, and from the first day of classes in January 2013 to 24 hours following your last examination in April 2013.

NOTE: The residences will be closed over the Winter Break period (from December 20, 2012 to the first Sunday before classes resume in January 2013). If you will be remaining in London over the Christmas holidays and need assistance with accommodation arrangements, contact the International and Exchange Student Centre.

As a first-year student, if you have not received confirmation of a room/apartment in one of the on-campus residences, it is extremely unlikely that you will be admitted into residence in September, and you are advised to look immediately for off-campus housing.

For a complete listing of all the main campus residences, please visit the Residence at Western website:

www.residenceatwestern.ca

ARRIVING EARLY

If you will be staying in an on-campus residence, do not plan to arrive before your scheduled move-in day. Only under some circumstances (i.e., you are an international student and could not make alternate travel arrangements) will the residences allow you to move in before your scheduled move-in day. Should you need to move in early, you will need to submit an online request for permission to do so to Residence Admissions by August 10, 2012. There will be an additional \$50 charge for each extra day of accommodation.

To submit an online early arrival request, please visit: www.residenceatwestern.ca/international.cfm

TEMPORARY ACCOMMODATION

If you decide not to take advantage of Western's excellent residence facilities then alternatives are available. If you arrive in London and don't immediately have a place to stay, the International and Exchange Student Centre has a "Welcome Team" of volunteers, during the last week of August, who will assist you in finding a temporary place to live. This will probably mean that you will stay at a reasonably priced "Bed and Breakfast" home or in a hotel for a few days. As soon as you are settled temporarily, our volunteers can help guide you in looking for permanent housing.

Off-campus housing is often advertised in the student paper or Western News. You can view the listings at:

www.gazette.uwo.ca

communications.uwo.ca/com/classifieds_menu



Financial Information

TUITION

For information on how to pay your tuition fees (including payment from out of country) and the amount of tuition fees that you are required to pay, please visit the website of Student Financial Services.

www.registrar.uwo.ca/index.cfm/student-finances/fees-refunds

Five business days after course registration, you can view your current account balance, installment options and tuition payment deadlines, login to the Student Center website at student.uwo.ca. Click on "Detailed Account Statement" under the Finance section.

NOTE:

- It is the responsibility of the student to pay their fees regardless of receipt of a statement of account
- A student who for any reason is unable to pay fees by the due date must contact Student Financial Services by calling +1-519-661-2100 or by visiting Western Student Services Building, Room 1100
- Failure to pay outstanding tuition and other related fees will result in academic and financial penalties.

Students who have any questions regarding tuition fees or financial assistance should contact Student Financial Services.

www.registrar.uwo.ca/index.cfm/student-finances

SCHOLARSHIPS, AWARDS AND FINANCIAL ASSISTANCE

The University of Western Ontario has a comprehensive scholarship and award program that recognizes student achievement. International students are eligible for Western Admissions scholarships detailed at the Student Financial Services website above. In-course scholarships and awards are given during the academic year based on the student's previous academic performance and current registration and are available to international students. Visit www.sdc.uwo.ca/int/services/index.html?finaid#other for details regarding financial assistance available to international students.

BUDGETING

Before you depart, it is important to ensure you have sufficient funds to cover all of your expenses during your time in Canada.

The following is an example of some cost estimates (in Canadian currency) for living expenses (single person). Note: These are estimates only. Currency fluctuations, visa extension fees, etc. are additional costs to consider.

	ON CAMPUS	LIVING OFF CAMPUS
Tuition & Fees	\$18,499 to \$23,350	\$18,499 to \$23,350
Books & Supplies	\$1,500	\$1,500
Residence & Food	\$9,200	\$0
Rent \$600/month	\$0	\$4,800
Food \$350/month	\$0	\$2,800
Utilities/Cable \$100/month	\$0	\$800
Internet/Phone	\$320	\$640
Personal \$100/month	\$800	\$800
Local Transportation	\$0	\$0
Clothing \$50/month	\$400	\$400
Entertainment \$100/month	\$800	\$800
Laundry \$25/month	\$200	\$200
TOTAL	\$31,719-36,570	\$31,239 - 36,090

EMERGENCY FINANCIAL ASSISTANCE FOR INTERNATIONAL STUDENTS

Through the International and Exchange Student Centre and Student Financial Aid, emergency financial assistance may be available to international students. Need and availability are assessed on a case-by-case basis.

INTERNATIONAL STUDENT BURSARY PROGRAM

The International Student Bursary Program is available to undergraduate international students in financial need. Bursaries range from \$300 to \$2,000.

www.sdc.uwo.ca/int/services/index.html?finaid#other

Health and Wellness

UNIVERSITY HEALTH INSURANCE PLAN (UHIP)

Ontario universities have put together a mandatory health care package (University Health Insurance Plan or UHIP) for international students. The current UHIP premium will be included in your tuition.

Please do not purchase an insurance plan from your home country. UHIP exemptions are very rare and you will most likely be required to register and pay for UHIP coverage while you are studying at the University.

UHIP enrollment will be initiated automatically when your course registration is processed by the Office of the Registrar.

USC STUDENT HEALTH PLAN

In addition to UHIP, the University Students' Council (USC) offers a student health plan that covers up to 80% of medication costs as well as other services not included in your UHIP coverage. The fees for this coverage are included on your tuition fee bill for full-time undergraduate international students. The plan is not a replacement for, but a supplement to the benefits provided by UHIP.

STUDENT HEALTH SERVICES

Student Health Services provides medical and counselling services year-round. Doctors here work in the same capacity as your family doctor or general practitioner and can order X-rays and blood tests, prescribe medications and make referrals to specialists and physiotherapists.

www.shs.uwo.ca/student/studenthealthservices.html

DENTAL CLINICS

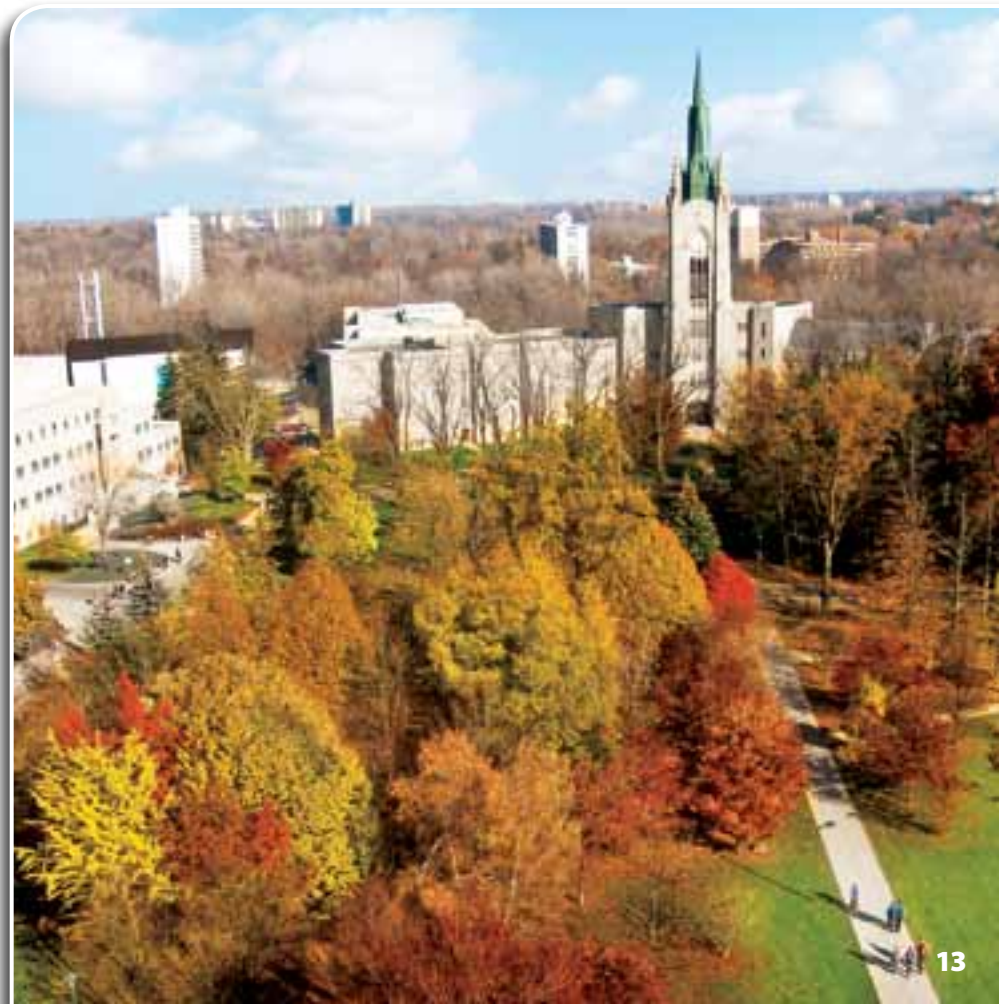
Students and faculty members at Western's Schulich School of Medicine & Dentistry work together to diagnose and treat patients daily. Services are open to students and community members, and include a range of routine and specialty dental procedures and treatments. Clinics include the main adult clinic, children's care, emergency care, oral radiology, oral surgery, endodontics and graduate orthodontics.

www.schulich.uwo.ca/dentistry

COUNSELLING SERVICES

Staff at the Student Development Centre assist students with meeting personal, social and academic goals through both individual and group counselling. Students access psychological services for support and to learn strategies for coping with relationship and family concerns, self-esteem issues, stress, decision-making as well as concerns related to gay, lesbian, bisexual and transgendered issues.

www.sdc.uwo.ca/psych



Safety at Western

Western is recognized as one of the safest campuses in Canada. With a commitment to physical, emotional, environmental and online safety, a variety of campus partners and services work together to promote a Safe Campus Community.

communications.uwo.ca/safe_campus

CAMPUS COMMUNITY POLICE SERVICES

Our Campus Community Police are committed to your safety and have the same authority on campus as the city police do in London. Western is patrolled every day by professionally-trained special constables.

www.uwo.ca/police

WESTERN FOOT PATROL

Western Foot Patrol is a free service that promotes safety and deters crime at Western and affiliate college campuses. Operating in evening hours seven days per week, its mission is to raise awareness of personal safety issues, deter crime through visible

patrols and to provide safe escorts to community members. This proactive approach to safety engages student volunteers who work in pairs to ensure you safely reach your car, residence or other buildings on campus.

www.uwo.ca/footpatrol

STUDENT EMERGENCY RESPONSE TEAM (SERT)

Western's Student Emergency Response Team (SERT) is a student-run volunteer organization providing Emergency Medical Service response to 911 calls at Western. Fifty team members provide service 24 hours a day, seven days a week during the academic school year and 8:30 a.m. – 4:30 p.m. service from May to August. SERT is dispatched through the Campus Community Police Service to any medical emergency on campus, responding in three person co-ed teams with an average response time of two minutes.

www.sert.uwo.ca

EMERGENCY PHONES AND SCREENS

There are 21 Emergency Phones located strategically throughout the campus so that at any location you are only a few seconds away from a direct link to the Police should you require assistance. Campus Police have also installed a number of screens in high traffic buildings across campus to help with mass communication to students, faculty and staff in an emergency situation.

LONDON POLICE SERVICE

The London Police Service is committed to providing a safe and secure community through community partnerships and by striving to attain the highest level of professionalism and accountability. With a force of more than 800 personnel, London Police work to prevent crime, enforce laws, assist victims of crime, ensure public order and respond to emergencies. Campus Community Police Services works in close partnership with London Police to protect and assist the Western community.

www.police.london.ca

AOYU (AILEEN) LI

China

FIRST YEAR, SOCIAL SCIENCE

Why Western?

The people here are energetic and dynamic. It's very welcoming - a big family. Awesome. Also my program is pretty challenging and I like it.

What extracurricular activities are you involved in?

Chinese Students & Scholars Association, Chinese Debating & Public Speaking Association, Young tutor, Ivey Translation Project, and Western Hip Hop.

Most memorable experience at Western so far: Activities in my clubs - I have met so many friends - and experiencing Halloween for the first time with my peer guide. It was very fun!



Important Contacts

INTERNATIONAL AND EXCHANGE STUDENT CENTRE

Mail:

Western Student Services Building,
(WSSB) Room 2120
The University of Western Ontario
London, ON Canada N6A 3K7

Telephone: +1-519-661-2111, ext. 85908

Fax: +1-519-661-3949

Email: iesc@uwo.ca

UNDERGRADUATE ADMISSION

Mail:

Western Student Services Building,
(WSSB) Room 3140
The University of Western Ontario
London, ON Canada N6A 3K7

Telephone: +1-519-661-2100

Fax: +1-519-661-3710

Email: contact@uwo.ca
liaison@uwo.ca

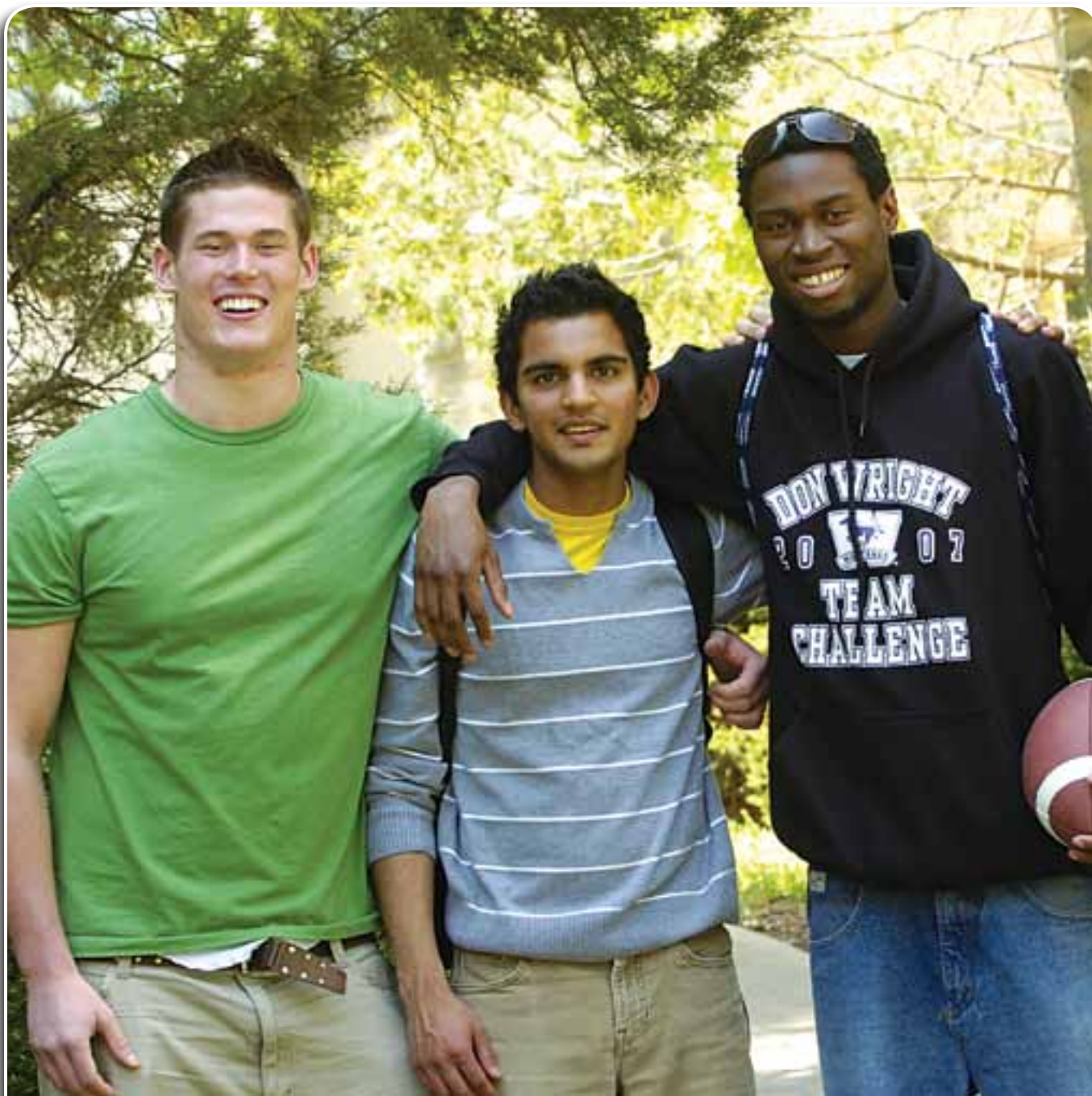
STUDENT FINANCIAL SERVICES

Mail:

Western Student Services Building,
(WSSB) Room 1100
The University of Western Ontario
London, ON Canada N6A 3K7

Telephone: +1-519-661-2100

Email: contact@uwo.ca



Western's Campus

The University of Western Ontario spans over 7 million square feet of space with 87 buildings that are joined together by 16 kms of roadway and 15 kms of sidewalks situated on more than 500 acres of land.



Use your mobile device to scan* this QR Code to access the website

*Mobile device will require a QR Code reader application



For more information, please contact:

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The University of Western Ontario
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Web: welcome.uwo.ca
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